

## **Southeast Region**

Pocatello • Idaho Falls

## 54 Cress Creek Nature Trail

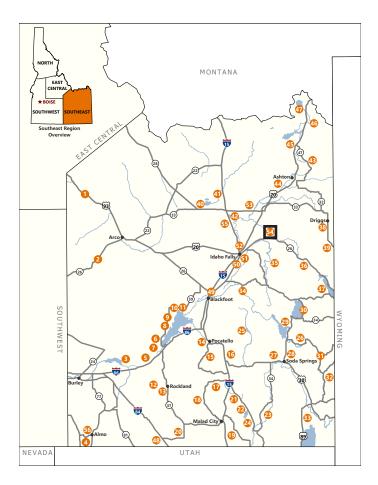
\*IT 1

eBird ebird.org/hotspot/L1598053

LAT/LONG: 43.6643721,-111.7261868

DIRECTIONS: From Idaho Falls, US 26 E; at the intersection with Ammon Rd, drive for 14 mi to the Heise area turn off; go 1.9 mi and at the Y in the rd, bear R and follow the paved rd for 1.1 mi; cross the Snake River and turn L onto the dirt rd; follow the dirt rd for another 1.1 mi and the destination is on your R.

Cress Creek Nature Trail is a BLM operated walking path through the juniper foothills right above the Snake River. Birding is excellent at any time of year. The juniper in this area is unique because it provides habitat for many species that are at the northern extents of their ranges in Idaho. Juniper Titmouse can be found year round, although they are harder to detect in summer months. Blue-gray Gnatcatcher, Black-throated Gray Warbler, and Gray Flycatcher move into the juniper each spring for the breeding season. Ruby- and Goldencrowned Kinglets are present during migration and a few individuals linger into the winter. Green-tailed and Spotted Towhees can be found breeding in the juniper. When birding at Cress Creek, never forget to look up! The cliffs above the Snake provide excellent raptor habitat. Both eagle species, Peregrine Falcon, Northern Goshawk, and a variety of hawks have been documented here.





Idaho Falls

